

ERASMUS+ Program Mobility

Learning across borders • skills • culture • careers

Short overview

Prepared for a concise introduction to Erasmus+ mobility opportunities.



What is Erasmus+?

The EU programme for learning, exchange and cooperation.

Erasmus+ supports education, training, youth and sport in Europe and beyond. Mobility is mainly funded through organisations, such as universities, schools, VET providers and youth organisations.

Core idea: learn abroad, return with credits, skills and stronger European connections.

ERASMUS+
2021–2027

Source: European Commission Erasmus+ homepage and Programme Guide, version 12.11.2025.

Main mobility opportunities

Formats differ by education sector and by sending organisation.

Students

Study period abroad • traineeships • blended mobility

Staff

Teaching assignments • training abroad • job shadowing

Youth & learners

Exchanges • volunteering-style learning • short group activities



Learning mobility of individuals

Why mobility matters

Expected participant outcomes from Key Action 1.



Skills

Better learning performance, digital and language competences

Career

Enhanced employability and professional prospects

Culture

Intercultural awareness and positive interaction with diversity

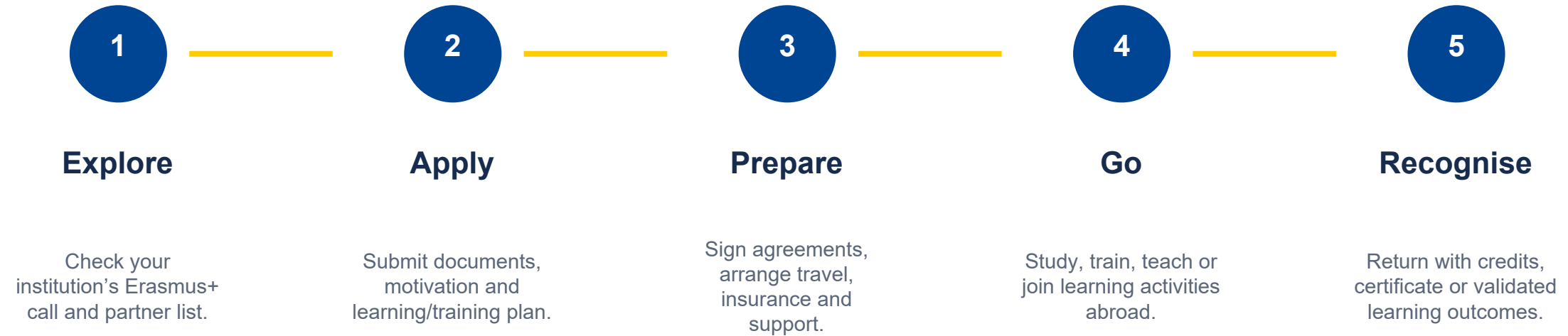
Europe

Better awareness of the European project and EU values

Source: European Commission, Erasmus+ Programme Guide — Key Action 1 outcomes for learners and staff.

Typical mobility journey

A simple path from interest to recognition.



Tip: start early — deadlines, grants and eligible destinations are set by your sending organisation and national Erasmus+ rules.

Source: European Commission Erasmus+ Programme Guide and "How to apply" guidance.

Key takeaway

Erasmus+ mobility helps people learn in a new country, build skills and bring international experience back to their home institution.

Sources used

European Commission Erasmus+ homepage; Erasmus+ Programme Guide, version 12.11.2025; Key Action 1: Learning Mobility of Individuals.

Questions?